

15 Spa Weekend Ideas Your Tired Ass Deserves



By **Samantha Lefave** Jan 13, 2017



Of course you'd rather go on a [week-long getaway](#) that's full of pampering, beach time, and margaritas. But sometimes there's only enough time for a quick weekend escape to nab a massage and facial (or two). When that's the case, opt for one of these speedy ideas. They're all located within the U.S. — or a short flight away — so there's zero time wasted.

Tree Spa At Hidden Pond



Find it: Kennebunkport, Maine

Reconnect with nature — and channel your childhood dreams — with a spa treatment in a literal treehouse. Nestled right in the basal and birch groves trees on the hotel's property, the three treatment rooms sit eight feet above ground and are outfitted with various pieces of furniture made from different barks. As far as the treatments themselves go, give the Pure Fusion Bamboo Therapy Massage or Herbal Garden Body Exfoliation a whirl when the spa is open from May through October. Whichever you choose, all products are free of chemicals and preservatives and instead made with organically-grown herbs, flowers, oils, and grains. As if that weren't enough, estheticians pick rosemary, mint, and lavender to use straight from Hidden Pond's farm. It doesn't get more home-grown than that.

Book it: hiddenpondmaine.com

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