

20 Best Couples Retreats That'll Make Your Relationship Stronger Than Ever

Call the grandparents. The kids are coming over!



By [Jessica Migale](#) and [Kaitlyn Pirie](#) Sep 9, 2019



Most relationships start with a “honeymoon phase.” You know, that period where you literally can’t keep your hands off each other. But as your relationship progresses and you and your S.O. face new challenges together, there’s less time for romance, which can make your bond feel stagnant. The fix? Some good old quality time.

“Any time a couple can spend time together away from the rigmaroles of life is beneficial for the relationship, and couples retreats offer wonderful activities to help couples connect and have fun together. It’s a time to assess and mend the relationship and return home with an improved rhythm,” says [Laurel Steinberg](#), Ph.D., a New York-based relationship therapist and assistant professor at [The American Academy of Clinical Sexologists](#).

When you make it to your destination, talk openly about your relationship and feelings for each other, suggests Steinberg. Get moving, too: Physical activities like [hiking](#) and [kayaking](#) are all about working toward a common goal together, which can [enhance intimacy](#). And yes, [sex](#) should be on the agenda. “Sex without fear of children or pets coming into the room is a big plus of a couples retreat, giving partners freedom to savor one another with abandon,” she adds.

Need ideas for where to go? From luxurious beach resorts to stunning mountain views, here are some of the best couples retreats. Happy planning!

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Porches Inn (North Adams, Massachusetts)



Rooms: \$185+ per night

If you're craving a cultural experience, head to the Berkshires, where you'll find plenty of museums, artist studios, and musical shows, in addition to its gorgeous [hiking trails](#). Opt to stay at the [Porches Inn](#), a historic boutique inn that's beautifully decorated with a blend of modern and vintage touches that feels like home but with some luxurious upgrades. Choose from rooms with queen-size beds to suites that have one to two bedrooms and Jacuzzi-style tubs. The [ABC Package](#) (\$224) includes your accommodations, a \$25 gift certificate to [A-OK BBQ](#) per night, two taster trays of craft beer at [Bright Ideas Brewing](#) per night, daily continental breakfast for two people, and two tickets per night to [MASS MoCa](#), a contemporary art museum that hosts live music, dance parties, outdoor silent films, and avant-garde theater.

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