



## Best Women Only Travel Tour Groups



Icelandic Mountains SITA Tours

### Feeling Safe: Female Only Tour Groups

By Veronica Moore

March is widely known as Women's Month. A month dedicated to celebrating women of all shapes and sizes who share the same gender.

International Women's Day is March 8th every year and it celebrates those same women all over the world. Celebrate with hundreds of women regardless of the day and show yourself some appreciation by booking a female travel experience with one of these tour groups.

During a time period where some women have a justifiable resistance to solo travel or feel like group travel is more their swing, it is important to know that as a woman, these options exist. Many of these groups started as a safe and inclusive way for women to travel, but have now expanded into so much more.

Here are five organizations that offer women a chance to travel exclusively with other women.



## Perillo's Learning Journeys

**Perillo's Learning Journeys**, founded by Carol Dimopoulos, was designed in order to make traveling accessible to women of all backgrounds who wish to expand their mental concept of the world.

Learning Journeys have diversified into different groups of people. They expanded the company into other fields and genders in order to allow for more programs, whether educational or spiritual in nature. However; they do have a specific section of their tours completely dedicated to the women they serve.



Their current project is to get people of all genders to see Tibet. Dimopoulos is very

excited about this Tibetan trip because it involves staying with Tibetan monks and lamas in the rural areas of Tibet. Which she said is a way to really see what rural Tibet looks like. It's purpose being to unite and unite the traveler with the real people and nature surrounding them.

She said that in the center of Tibet few Tibetians don't even look at tourists anymore because it has been so diluted from commercial tourism.

Dimopoulos' goal is to improve the lives of the people who live in the areas she travels to with groups.

Oftentimes, tourism is a double-edged sword because when commercialized it can disseminate an entire culture, but it can also create entirely new streams of revenue for the communities on the ground.

The programs that **Learning Journeys** offer are extensive in that the traveler is sent pre-trip packages that explain the customs of each place in order to preserve the culture of each destination. This is to ensure that meaningful connections can be established without interjecting into a well functioning space.

<https://www.learningjourneys.com/pages/wellness-travel>

<https://www.gonomad.com/159305-5-best-women-only-travel-experiences>